

How does it feel to be treated with respect?

using good manners

being kind

listening carefully

being understanding

being helpful

encouraging others

Calm

This worksheet features a central illustration of a young boy with dark hair, wearing an orange long-sleeved shirt and blue pants, with his hands raised in a gesture of explanation. To his left, several thought bubbles contain positive behaviors: 'using good manners', 'being kind', 'listening carefully', 'being understanding', 'being helpful', and 'encouraging others'. To his right, there are seven empty purple circles of varying sizes, some accompanied by red hearts. At the bottom right, a purple circle contains the word 'Calm', also accompanied by a red heart.

How does it feel to be treated without respect?

ignoring others

being unkind

using bad manners

not listening to someone's ideas

name-calling

being unhelpful

Angry

This worksheet features a central illustration of the same young boy from the first page, wearing an orange long-sleeved shirt and blue pants, with his hands raised. To his left, several thought bubbles contain negative behaviors: 'ignoring others', 'being unkind', 'using bad manners', 'not listening to someone's ideas', 'name-calling', and 'being unhelpful'. To his right, there are seven empty purple circles of varying sizes, some accompanied by red hearts. At the bottom right, a purple circle contains the word 'Angry', also accompanied by a red heart.